

## West Oxford Primary School Menu – Winter 2017

### Week 1

30<sup>th</sup> Oct , 20<sup>th</sup> Nov, 11<sup>th</sup> Nov, 15<sup>th</sup> Jan, 5<sup>th</sup> Feb,  
5<sup>th</sup> March, 16<sup>th</sup> Oct, 26<sup>th</sup> March, Change of menu after  
Easter Break

#### Monday

Pasta Bolognese  
Vegetarian Shepherd's Pie (V)  
Chocolate Shortbread and Milk

#### Tuesday

Pizza Margarita (V) or Pepperoni Pizza  
Fish Pie  
Yoghurt Crunch and Peaches

#### Wednesday

Roast Chicken or Pork or Cauliflower Cheese (V)  
With Yorkshire Pudding, Gravy and Stuffing  
Roast or New Potatoes  
Pineapple Upside Down Cake and Custard

#### Thursday

Chicken Curry and Naan Bread and Rice  
Veggie Balls with Tomato Sauce (V)  
Sticky Buns and Milk

#### Friday

Breaded Fish or Chicken Drumsticks or Quiche (V)  
Chips or Pasta  
Ice Cream and Fruit Cocktail

### Week 2

6<sup>th</sup> Nov, 27<sup>th</sup> Nov, 18<sup>th</sup> Dec, 22<sup>nd</sup> Jan, 19<sup>th</sup> Feb,  
12<sup>th</sup> March, 23<sup>rd</sup> Oct

#### Monday

Jacket Potato, Cheese and Beans or Tuna (V)  
Sweet and Sour Chicken and Rice  
Apple and Raspberry Crumble and Custard

#### Tuesday

Pork Casserole  
Quorn and Sweet Potato Curry with Naan Bread  
Lemon Drizzle Cake

#### Wednesday

Roast Chicken or Quorn Sausage (V)  
With Yorkshire Pudding, Gravy and Stuffing  
Roast or New Potatoes  
Banana Muffins and Milk

#### Thursday

Pizza Margarita (V)  
Lamb Moussaka  
Fruit Salad

#### Friday

Breaded Fish or Quorn Burger (V)  
Chips or Pasta  
Rice Pudding and Spiced Fruit Compote

### Week 3

13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 8<sup>th</sup> Jan, 29<sup>th</sup> Jan, 26<sup>th</sup> Feb,  
19<sup>th</sup> March

#### Monday

Sausage and Mash or Chicken Drumstick  
Vegetarian Chilli with Rice and Tortilla (V)  
Apple Crunch and Custard

#### Tuesday

Beef Goulash  
Cheesy Mash Pie (V)  
Chocolate Cake and Chocolate Sauce

#### Wednesday

Roast Chicken or Beef or Vegetable Frittata (V)  
with Yorkshire pudding, Gravy and Stuffing  
Roast or New Potatoes  
Crunchy Coconut Biscuit and Milk

#### Thursday

Chicken Pie  
Vegetarian Lasagne and Garlic Bread  
Yoghurt and Fruit

#### Friday

Fish Finger or Veggie Sausage Roll (V)  
Chips or Pasta  
Jelly and Mandarins