

West Oxford Primary School Menu – Winter 2017

Week 1

30th Oct , 20th Nov, 11th Nov, 15th Jan, 5th Feb,
5th March, 16th Oct, 26th March, Change of menu after
Easter Break

Monday

Pasta Bolognese
Vegetarian Shepherd's Pie (V)
Chocolate Shortbread and Milk

Tuesday

Pizza Margarita (V) or Pepperoni Pizza
Fish Pie
Yoghurt Crunch and Peaches

Wednesday

Roast Chicken or Pork or Cauliflower Cheese (V)
With Yorkshire Pudding, Gravy and Stuffing
Roast or New Potatoes
Pineapple Upside Down Cake and Custard

Thursday

Chicken Curry and Naan Bread and Rice
Veggie Balls with Tomato Sauce (V)
Sticky Buns and Milk

Friday

Breaded Fish or Chicken Drumsticks or Quiche (V)
Chips or Pasta
Ice Cream and Fruit Cocktail

Week 2

6th Nov, 27th Nov, 18th Dec, 22nd Jan, 19th Feb,
12th March, 23rd Oct

Monday

Jacket Potato, Cheese and Beans or Tuna (V)
Sweet and Sour Chicken and Rice
Apple and Raspberry Crumble and Custard

Tuesday

Pork Casserole
Quorn and Sweet Potato Curry with Naan Bread
Lemon Drizzle Cake

Wednesday

Roast Chicken or Quorn Sausage (V)
With Yorkshire Pudding, Gravy and Stuffing
Roast or New Potatoes
Banana Muffins and Milk

Thursday

Pizza Margarita (V)
Lamb Moussaka
Fruit Salad

Friday

Breaded Fish or Quorn Burger (V)
Chips or Pasta
Rice Pudding and Spiced Fruit Compote

Week 3

13th Nov, 4th Dec, 8th Jan, 29th Jan, 26th Feb,
19th March

Monday

Sausage and Mash or Chicken Drumstick
Vegetarian Chilli with Rice and Tortilla (V)
Apple Crunch and Custard

Tuesday

Beef Goulash
Cheesy Mash Pie (V)
Chocolate Cake and Chocolate Sauce

Wednesday

Roast Chicken or Beef or Vegetable Frittata (V)
with Yorkshire pudding, Gravy and Stuffing
Roast or New Potatoes
Crunchy Coconut Biscuit and Milk

Thursday

Chicken Pie
Vegetarian Lasagne and Garlic Bread
Yoghurt and Fruit

Friday

Fish Finger or Veggie Sausage Roll (V)
Chips or Pasta
Jelly and Mandarins