

West Oxford Primary School Menu – to October Half Term 2017

Week 1

25th April , 15th May, 12th June, 3rd July, 4th Sept,
25th Sept, 16th Oct

Monday

Sausage or Chicken Drumstick and Mash
Samosa with Dhal and Rice (V)
Passion Cake and Milk

Tuesday

Deli Baguette with Cheese, Egg (V), Ham or Tuna
Thai Chicken Curry with Rice
Yoghurt and Summer Berries

Wednesday

Roast Beef or Chicken or Veggie Balls (V)
With Yorkshire Pudding, Gravy and Stuffing
Roast or New Potatoes
Chocolate Fork Biscuits and Milk

Thursday

Macaroni Cheese (V)
Moroccan Lamb and Couscous
Scones with Jam and Whipped Cream

Friday

Breaded Fish or Quorn Sausage (V)
Chips or Pasta
Ice Cream and Fruit Cocktail

Week 2

1st May, 22nd May, 19th June, 10th July, 11th Sept,
2nd Oct, 23rd Oct

Monday

Chicken Casserole
Noodles with Quorn Stir Fry (V)
Oat Cookie and Milk

Tuesday

Pizza Margherita (V)
Ham with Pineapple or Parsley Sauce
Apple and Cinnamon Cake

Wednesday

Roast Pork or Chicken or Vegetable Crumble (V)
With Yorkshire Pudding, Gravy and Stuffing
Roast or New Potatoes
Jelly and Mandarins

Thursday

Lasagne with Garlic Bread
Tomato and Bean Rice with Halomi (V)
Marble Raspberry Cake

Friday

Breaded Fish or Quorn Burger (V)
Chips or Pasta
Grapes, Melon, Pineapple or Yoghurt

Week 3

8th May, 5th June, 26th June, 17th July, 18th Sept,
9th Oct - Change to New Menu after October Break

Monday

Jacket Potato Cheese and Beans or Tuna Majo (V)
Lamb Kofta with Greek Salad and Pitta Bread
Yoghurt and Crunch with Fruit

Tuesday

Meatballs in Tomato Sauce
Tomato and Roast Vegetable Pasta Bake (V)
Ice Cream with peaches and Raspberries

Wednesday

Roast Chicken or Toad in the Hole (V)
with Yorkshire pudding, Gravy and Stuffing
Roast or New Potatoes
Fresh Fruit Salad

Thursday

Pizza Margherita (V) or Pepperoni
Fishcake with Wedges and Tartar Sauce
Fruit Crumble and Custard

Friday

Fish Finger or Chicken Drumstick or Omlette (V)
Chips or Pasta
Flapjack and Milk