

West Oxford Primary School Menu – Summer 2018

Week 1

17 April, 8 May, 4 June, 25 June, 16 July,
10 Sept, 1 Oct

Monday

Jacket Potato Cheese and Beans or Tuna Mayo (V)
Chicken Teriyaki with Stir Fry and Rice
Peach Crunch and Custard

Tuesday

Lasagne with Salad and Garlic Bread
Quorn Sausages in Gravy and Mash
Yoghurt and Summer Berries

Wednesday

Roast Beef or Chicken, or Veggie Bake(V)
with Gravy and Stuffing
Roast or New Potatoes
Oat Cookies and Milk

Thursday

Margherita Pizza and Wedges (V)
Thai Pork and Rice
Marble Raspberry Cake

Friday

Breaded Fish, Chicken Drumstick or Omelette (V)
Chips or Pasta
Ice Cream and Fruit Cocktail

Week 2

23 April, 14 May, 11 June, 2 July, 23 July,
17 Sept, 8 Oct

Monday

Chicken Casserole
Vegetable Wrap with Bean and Tomato Rice (V)
Passion Cake and Milk

Tuesday

Beef Pie
Quorn Stir Fry with Noodles
Chocolate Fork Biscuit with Milk

Wednesday

Chicken or Quorn Roast, or Roast Veggie Tarte (V)
With Yorkshire Pudding, Gravy and Stuffing
Roast or New Potatoes
Jelly and Mandarins

Thursday

Deli Baguette with Cheese, Egg, (V), Ham or Tuna
Beef Chilli or Veggie Balls and Rice
Banana Flapjack and Milk

Friday

Breaded Fish or Quorn Burger (V)
Chips or Pasta
Fresh Melon Pineapple or Grapes

Week 3

30 April, 21 May, 18 June, 9 July, 6 Sept,
24 Sept, 15 Oct
Change to New Menu after Autumn Break

Monday

Sausages or Chicken Drumstick and Mash
Vegetarian Quorn Pasta Bolognese (V)
Yoghurt and Crunch with Fruit

Tuesday

Pepperoni or Margherita Pizza (V)
Fish Cake with Wedges and Tatar Sauce
Apple and Cinnamon Cake and Milk

Wednesday

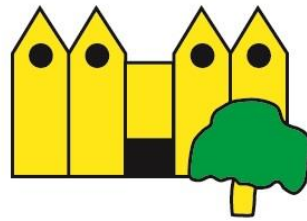
Roast Chicken or Pork or Veggie Toad in Hole(V)
with Yorkshire pudding, Gravy and Stuffing
Roast or New Potatoes
Scones with Jam and Whipped Cream

Thursday

Homemade Meatballs in Tomato Sauce and Rice
Haloumi with Roast Vegetables and Couscous(V)
Fresh Fruit Salad

Friday

Fish Fingers or Quiche(V)
Chips or Pasta
Shortbread and Milk



Inspiring curious minds and responsible citizens

26 March 2018

Dear Parents, Carers and Children

With Spring finally arriving I would like to introduce our new Spring and Summer Menu.

The beginning of this year has come with some changes in the canteen. We are all very much missing Sue who usually supervises and helps the key stage one children during lunchtime. Kerri, who has had the challenging task of replacing Matt, has quickly taken to her new role and is doing a fantastic job. With Eva's and Huw's support things are running smoothly in the kitchen.

It would be great to find one or two more people who might want to occasionally help in the kitchen when we are short of staff. Please come and talk to me if you are interested or know of somebody.

Unfortunately costs for ingredients have been going up steadily for the last year. To offer a freshly cooked high quality two course meal we will have to adjust our meal price to £2.20 from next term onwards. The price for Smoothies at the snack bar will also increase to £0.60.

We would also like to ask for your cooperation. We have been gradually reducing waste and improving our recycling in the canteen. Now almost all of the non-recyclable waste is coming from packed lunches. After the holidays we will only offer a food waste bin and would like to ask for all rubbish from packed lunches to be taken home.

I wish you all a happy Easter

Ruth Lyster